

GOOD MORNING MADAINN MHATH



BREAKFAST MENU

TO START:

Tea or coffee

Selection of fruit juices and infused waters – please help yourself.

Seasonal fresh fruit salad (add yogurt/granola)

Poached oranges with honey, orange juice and spices (add yogurt)

Layers of granola, yogurt, fresh strawberries, and homemade fruit compote.

Selection of muesli or homemade granola.

Natural yogurt, Greek yogurt

Croissants & pain au chocolat

Selection of seeds, nuts, and dried fruit to accompany your breakfast – please ask.

Toast, from freshly made bread.

Selection of preserves, marmalade, honey and curds to accompany your breakfast – please help yourself.

TO FOLLOW & COOKED TO ORDER:

Broad Bay House Porridge

We serve our homemade porridge as a main course and specialise in some delicious porridge options to start off your day with a healthy breakfast. Please see our separate porridge menu.

Omelette

3 egg omelette with a dash of parsley and fillings of your choice. Choose from: tomato, cheese, mushroom, smoked salmon, and/or ham, served with a buttered muffin, if you would like.

Uig Lodge Isle of Lewis Smoked Salmon

Local smoked salmon and scrambled eggs served with buttered toasted sourdough.

Eggs Benedict / Eggs Royale / Eggs Hebridean

Poached eggs served on a toasted buttered muffin with ham or Uig Lodge smoked salmon or Stornoway black pudding and topped with hollandaise sauce.

Mushrooms on Toast

Sautéed mushrooms with herbs, served on buttered toasted sourdough with parmesan, roasted vine tomatoes and a tomato chutney side.

French Toast Bacon Brioche

Eggy French toasted brioche layered with bacon & maple syrup.

Smashed Avocado

Avocado served on buttered toasted sourdough, with a dash of lemon juice & chilli flakes, topped with a poached egg, seeds and rocket.

Bacon & Egg Muffin

Bacon and fried egg on a toasted muffin with a tomato chutney sauce.

Stornoway Kippers

Pair of Stornoway smoked kippers, oven baked with parsley butter and served with roasted vine tomatoes and bread.

Eggs on Toast

Poached or scrambled eggs on toast. Or boiled eggs & toast.

Hebridean Cooked Breakfast

Dry cured Scottish back bacon, pork sausage, roasted tomato, mushrooms, Stornoway black pudding and local free-range eggs. Eggs can be fried, poached or scrambled.

Vegetarian Cooked Breakfast

Halloumi, vegetarian sausages, roasted tomatoes, mushrooms, and local free-range eggs. Eggs can be fried, poached or scrambled.

Importantly, if you have a food allergy or intolerance, please ask us for help and information. See back of menu for all the information you need on where we source our food and ingredients.

Quality Local Island and Scottish Produce for your Breakfast at Broad Bay House.

We source as much of our food as possible from local island suppliers and over 90% of our menu is from Scotland.

Our **Coffee** (Highland Roast) is ground for us by the Inverness coffee roasting company and shipped to us once per month.

Local Smoked Fish is delivered by Islander Shellfish (kippers) and Uig Lodge (Award winning smoked salmon). Both local companies are based here on the Isle of Lewis, and both smoke their fish here on the island.

Stornoway Black Pudding (PGI) comes from award winning butcher Charles Macleod in Stornoway and is made to the original 70-year-old recipe. We also get our bacon and sausages here, made using Scottish Pork.

Our local free-range hen **Eggs** are from the local croft in Coll. The hens are very spoilt. They love oats and sweetcorn as a treat, which supplements their organic food.

Our **Preserves & Marmalades** are handmade by Kate at Perthshire Preserves.

Our **Cheeses** are all made in Scottish and purchased locally at the Good Food Boutique in Stornoway.

Our **Fresh Fruit, Vegetables and Herbs** are delivered by a local wholesaler and are all sourced from Scotland when in season. We always use Scottish berries, fruit and vegetables when in season and only source products from the rest of the UK when required. We avoid any out of season fruit and vegetables to cut down on food air miles, as per our green policy.

All our **Butter, Milk, Natural Yogurt and Cream** are Scottish from Graham's Dairy.

Hamlyes provides the organic oats for our **Porridge**. Their oats are grown, picked, milled and packaged all in Scotland.

Enjoy!